



HORSE HILL COMMUNITY NEWSLETTER | SERVING BRINTNELL, CY BECKER,  
GORMAN, MCCONACHIE, QUARRY RIDGE AND THE RURAL NE  
NEIGHBOURHOODS | Spring Issue

Check out our website at [horsehillcommunity.ca](http://horsehillcommunity.ca)

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## UPCOMING EVENTS

### McConachie Fundraiser BBQ

May 29, 2016

McConachie Park (McConachie Blvd.)

1:00 p.m. - 4:00 p.m.

\$3/\$5 Hotdog/Burger + Drink

Join us for lots of fun activities including:

**Dunk Tank**

featuring local radio host Mike Chalut  
from 91.7 "The Bounce"

(Bring your Loonies - \$1/ball)

**Face Painting**

**Balloon Artist**

**Inflatables**

Non Members - \$2/Child

\*Memberships will be available onsite

\*Please bring your bottles for the Bottle Drive!



All funds raised from this event will go towards  
the building of the playground at the school.

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### Brintnell Park/Soccer Wrap Up BBQ - June 26, 2016

🏈 More Information to come - Please check the website

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### Cy Becker Pancake Breakfast - July 24, 2016

🥞 More information to come - Please check the website.

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Want to help build the McConachie School Park?  
Volunteer to be a member of the "McConachie Park Society". Find us on Facebook.  
Contact Amber at [vphhcommunity@gmail.com](mailto:vphhcommunity@gmail.com)

We will be accepting donations to the Food Bank at all of the Horse Hill events. You can win Family City Passes just by donating. The most needed items are:

- Beans with or without pork
- Canned meat
- Canned fish
- Canned fruit or vegetables
- Peanut butter
- Macaroni and cheese dinners
- Pasta and pasta sauce
- Cereal and oatmeal
- School snack items such as juice boxes, fruit cups and granola bars



Make a difference in your community. We are looking for liaisons from each area to act as your Neighbourhood Representative.

Everyone is always welcome to join us at the Community League meetings. They are held the 2<sup>nd</sup> Tuesday of every month at the Clareview Recreational Centre, Meeting Room 11 at 7:00 p.m.

Like us on Facebook

**Backyard Play Safety**

With summer approaching, Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a 9 inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends 6 feet out in all directions from the play area.

Water hazards	Insect bites and stings
<ul style="list-style-type: none"><li>• Drowning contributes to unintentional injury-related death among children ages one to four;</li><li>• Children can drown in just a few centimetres of water if it covers their mouth and nose;</li><li>• Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres high and have a self-latching, self-closing, lockable gate. <small>(Alberta Building Code)</small></li></ul>	<ul style="list-style-type: none"><li>• Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;</li><li>• Avoid wearing brightly coloured clothing outdoors;</li><li>• Consider destroying or relocating hives and nests situated near your home;</li><li>• To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;</li><li>• If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;</li><li>• If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.</li></ul>

**Lawn and garden tools**

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

[www.albertahealthservices.ca](http://www.albertahealthservices.ca)